

# Expression of Interest Application



**Please ensure you have given six weeks' notice prior to the next meeting where you would like the project to be discussed.**

## Section 1 - Main contacts information

Name of applicant... Tracy Lack .....

Organisation/Department Healthwatch Nottingham & Nottinghamshire

Phone number...0115 956 5313.....Email...tracy.lack@hwnn.co.uk .....

**Please note that your expression of interest may incur charges for our service.**

**Expression of Interest meetings** – Once the expression of interest application has been received, young people will attend a meeting to discuss where the project will be most beneficial and allocate the project to a specific group.

### Expression of Interest meeting dates 2018;

Wednesday 24<sup>th</sup> January Wednesday 14<sup>th</sup> March Thursday 26<sup>th</sup> April Wednesday 13<sup>th</sup> June

Wednesday 26<sup>th</sup> September Wednesday 21<sup>st</sup> November

## Section 2 – Target groups

Which group/s would you like to consult with:-

- ☐ Ashfield District Forum
- ☐ Bassetlaw District Forum
- ☐ Mansfield District Forum
- ☒ Gedling Borough Forum
- ☐ Newark and Sherwood District Forum
- ☐ Broxtowe Borough Forum
- ☐ Nottinghamshire Pioneers Young Disabled Peoples Forum
- ☐ Nottinghamshire Young People's Board
- ☐ Nottinghamshire Members of Youth Parliament

- ☐ Play consultation days - (four events a year) ages 3 to 7 years
- ☐ Junior Sub Group - (six times a year) ages 8 to 12 years
- ☐ Seniors Sub Group - (six times a year) ages 13 to 18 years
- ☐ Leaving Care Sub Group - (six times a year) ages 16 to 21 who live
- ☐ Semi-independently or independently
- ☐ No Labels

Project name:	Young People's Mental Health
Please fill in a brief description of the project. <ul style="list-style-type: none"> <li>What is the project?</li> <li>What are the benefits for young people?</li> <li>Why has this piece of work come about?</li> <li>How do you want young people to be consulted?</li> </ul>	We are seeking to discover the thoughts and experience of young people around self-harm, those who have and those who haven't had any contact with services. This work came about as part of our focus on young people's mental health this year, and particularly to provide evidentiary material to inform the design of a new Self-Harm Pathway. Initially we have a short questionnaire to discuss with young people, but there may also be an opportunity to take part in a one-to-one interview.
What are the outcomes/aims for this piece of work/project?	Most importantly, to inform a better pathway for help and support around self-harm across the county. Additionally to ensure that health commissioners have a better understanding of the issues surrounding self-harm in young people.
What resources can you provide? Taxi costs for young people, materials if needed, tutors etc.	Practically we will bring surveys, advice leaflets and pens to help the group complete the questionnaire and be able to signpost if any issues come up in conversation.
What are your timeframes for this piece of work/project?	We aim to gather information by the end of October but understand that there might be some slippage.

**Please return this form via email to: [Helen.barrowcliff@nottsc.gov.uk](mailto:Helen.barrowcliff@nottsc.gov.uk)**

How long would you need to present the project? ...approximately 30 minutes.....

**Section 3 – please select what method of engagement, this project is aiming to operate in.**

- ☐ Participation
- ☒ Consultation
- ☒ Information giving

**Section 4 - Project Information**

**Which Nottinghamshire MYP Campaign Participation Strategy Priority and children and young people in care promise does this piece of work/project cover?**

<input type="checkbox"/> A Living Wage <input type="checkbox"/> Including Everyone <input checked="" type="checkbox"/> Mental Health <input type="checkbox"/> A curriculum to prepare you for life (includes items such as Bullying, Sexual Health, Political education, and managing money.) <input checked="" type="checkbox"/> Health and wellbeing <input type="checkbox"/> Schools/Education <input type="checkbox"/> Youth Justice <input type="checkbox"/> Young Carers <input type="checkbox"/> Vote 16	<input type="checkbox"/> Disabled Young People and Children <input type="checkbox"/> Supporting Children, Young people and Families <input type="checkbox"/> Adoption <input type="checkbox"/> Looked after, Joining in and life in care <input type="checkbox"/> Where we live, our environment and Road safety <input checked="" type="checkbox"/> Services for young people <input type="checkbox"/> Other things that are important to us all <input type="checkbox"/> Leaving Care <input type="checkbox"/> LGBTQ+ <input type="checkbox"/> None
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Please describe how?

Self-Harm affects one in six young people annually, on the best figures currently available. But the services available perhaps do not reflect that level of incidence, and the challenges of offering support. There is already a recognition that change needs to happen, but it needs information to help construct any future service. Additionally it is a fundamental principle that those affected by services should be consulted with, so their insights make for a better, more useful service to those who do, or might, use it.

**Section 5 – Costs and Incentives**

**What Incentives if any can you offer for the Young People's Participation I.e. Shadowing, Work Experience, Vouchers, Travel Expenses**

We would need to discuss any possible expenses to support the project.

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**Section 6 – To Be Completed By Young Peoples Group****\*PLEASE DO NOT WRITE IN THE BOX BELOW**

Decision	Dates	Comments
Agreed	Date: Time: Venue:	
More information requested	By when?	
Declined	Will they be invited to reapply  YES/NO	

When was the pro-forma received:.....

When was the project reviewed:.....

Name of Chair assessing the application.....

Signed by chairperson.....

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